



humantouch.com  
800.355.2762



pc<sup>050</sup> | use & care manual

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PC-050-NA-A0

# keep it safe

## IMPORTANT SAFETY INSTRUCTIONS

**When using this product, basic precautions should always be followed, including the following:**

- Do not sit on the chair arms.
- The chair is intended for stationary use, not for rocking.
- Always recline slowly to maintain optimal control of the suspension system.
- Keep fingers and loose clothing away from the guide rails at all times.
- This product is not designed for use by disabled people or children without adult supervision.
- If you have chronic back pain, have undergone back surgery, or have any questions about using this product, consult your physician before use.
- If you experience dizziness or nausea, discontinue use and contact your physician immediately.

**SAVE THESE INSTRUCTIONS**

**Do not attempt to repair this product yourself.**

- This product is designed for personal in-home use. Commercial use will void warranty.

perfect chair®

**Zero-G™**

welcome to **human touch®**

You have just purchased one of the finest pieces of ergonomic furniture available. The Human Touch® Perfect Chair® artfully blends the best of aesthetics, technology and wellness in a seating experience that transcends the highest standards of comfort.

The recline system eases the body into a virtually weightless position, as it elevates the legs above the heart and relieves weight from the spine. This remarkable chair relieves the soreness, tension and fatigue caused by the earth's constant pulling, while its fixed-form seating position ensures maximum ergonomic posture at all recline angles.

To ensure that you don't overlook any of your chair's features, and that you use it safely, read this manual carefully. Then sit back, relax, and enjoy!

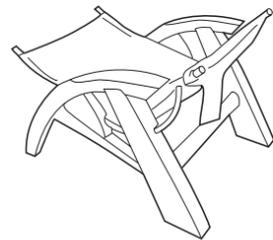
**humantouch.com**

# get ready

⚠ TO AVOID DAMAGE TO THE CHAIR OR PERSONAL INJURY, DO NOT SIT IN CHAIR UNTIL ASSEMBLY IS COMPLETE.

Your Human Touch Perfect Chair requires some simple assembly. Just attach the headrest/footrest frames, pads, arm caps, and head pillow, and you're done!

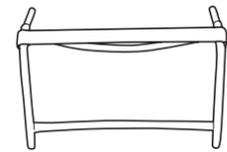
## UNPACK THE BOXES



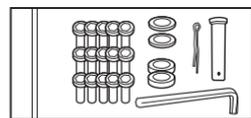
Chair frame



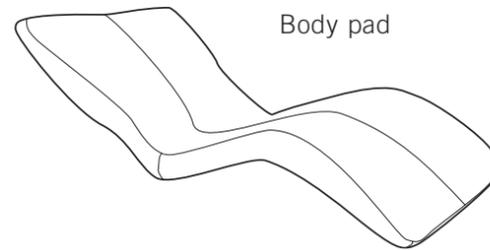
Headrest frame



Footrest frame



Bag contains:  
Allen wrench (1),  
Allen screws (12),  
rubber washers (2),  
flat washers (2),  
hinge pin (1), clevis clip (1)



Body pad



Head pad



Arm cap (2)



Head pillow

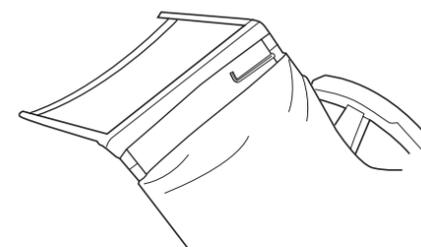
### 1. Slide the footrest frame onto the chair frame.

Slide the two ends of the footrest frame into the tube openings in the front of the chair frame.



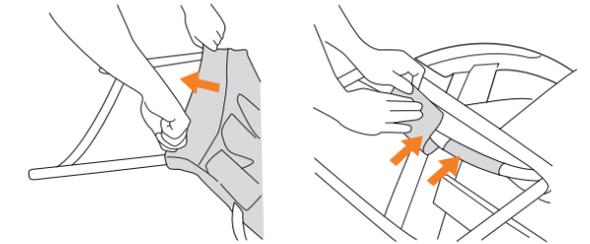
### 2. Install the footrest frame screws.

Using the Allen wrench and two of the provided screws, secure each side of the footrest frame to the chair frame.



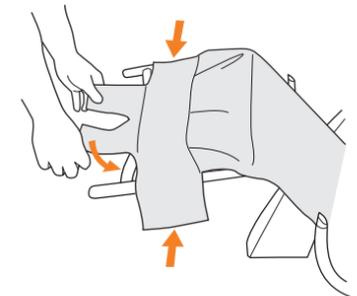
### 3. Attach the canvas to the footrest frame.

Using both hands, pull the seat canvas forward just to the top of the footrest frame, then secure the two flaps located underneath the canvas to the footrest frame.



### 4. Finish securing the canvas to the frame.

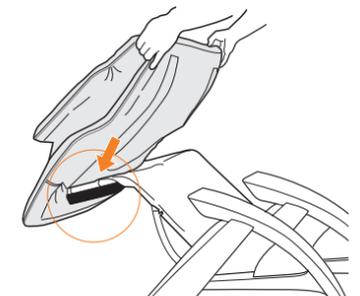
Using both hands, continue to pull the seat canvas all the way forward to tightly cover the footrest frame, then secure the two front and two side flaps, using the hook and loop fasteners.



## ATTACH THE BODY PAD

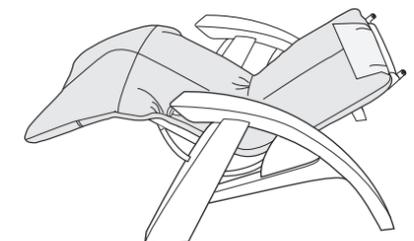
### 1. Slide the body pad onto the chair frame.

Slide the body pad onto the lower part of the chair frame, making sure that the frame slides into the fabric pocket located on the bottom side of the pad.



### 2. Secure the body pad.

Smooth the body pad into place, from the footrest toward the backrest, making sure the top flap is flipped forward, onto the body pad. The pad is automatically secured using the hook and loop fasteners.

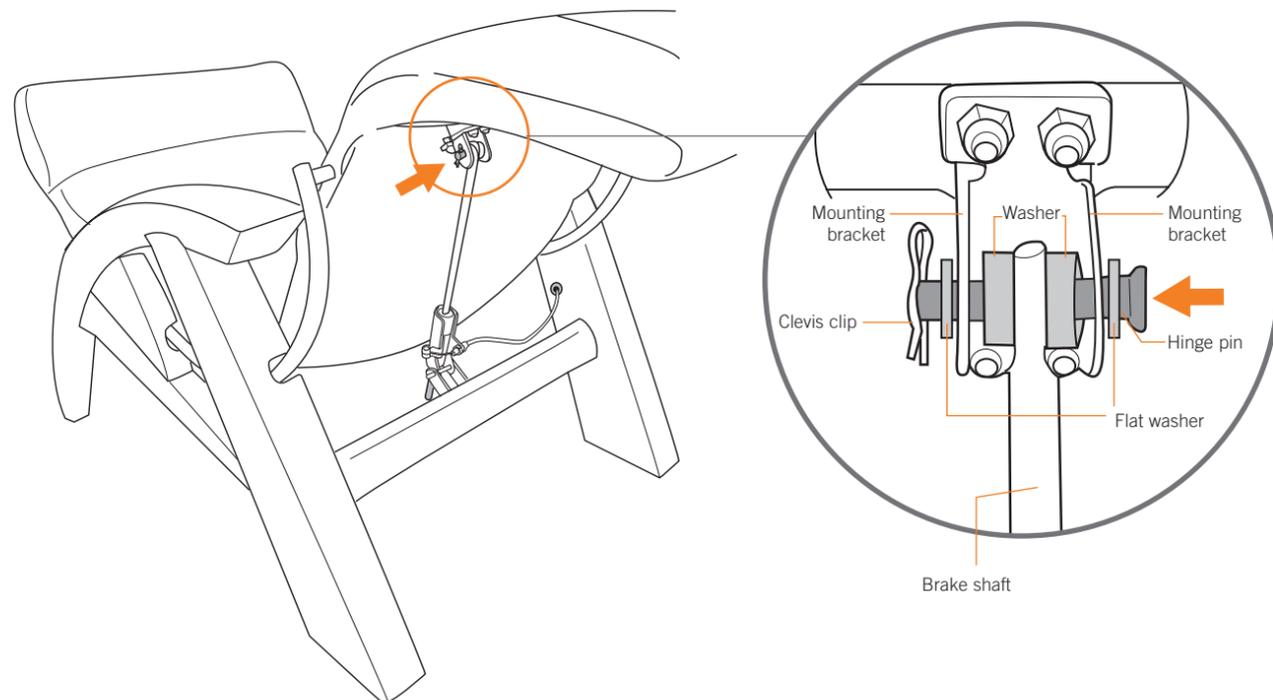
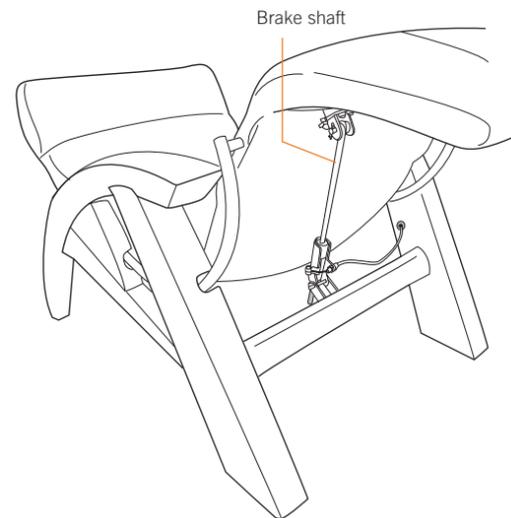


# get ready

## ATTACH THE BRAKE

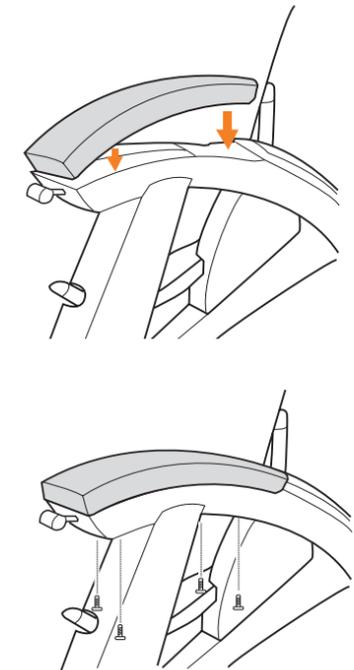
1. Locate the hook-and-loop fastener that secures the brake to the bottom of the seat canvas.
2. Open the hook-and-loop fastener to free the brake from the canvas.
3. Remove the disposable protective brake cover and discard it. **IMPORTANT:** The brake shaft is lubricated. Hold the shaft at the end to avoid handling the lubricant.
4. Tilt the chair frame forward until the end of the brake shaft is aligned with the mounting bracket.
5. Insert the hinge pin through one of the provided flat washers, through the mounting bracket hole, through one of the rubber washers, through the brake shaft, through the second rubber washer, through the other mounting bracket hole, then through the second flat washer.
6. Install the clevis clip on the end of the hinge pin to secure it.

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## ATTACH THE ARM CAPS

1. Hook the bracket inside the front end of the arm cap into the catch in the top of the arm frame. Lower the arm cap into position on top of the arm frame and seat firmly with edges aligned.
2. Using the Allen wrench (provided), insert four of the provided Allen screws into the screw holes on the underside of the armrest and tighten them to secure the arm cap to the chair.
3. Repeat steps 1 and 2 to secure the other armrest cap to the chair.



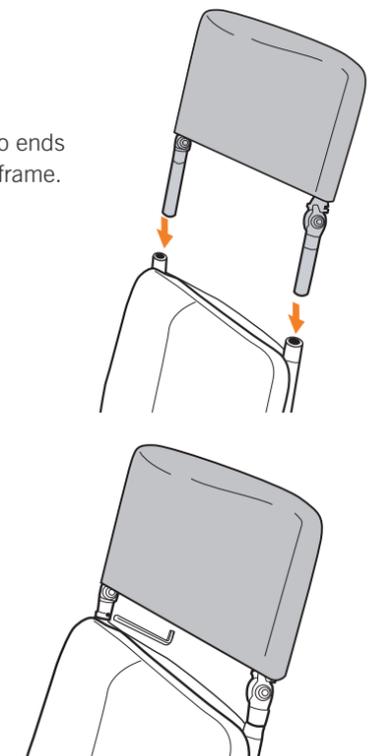
## ATTACH THE HEADREST FRAME

### 1. Raise the chair to an upright position.

For your convenience, and to better position the chair for the remaining assembly, use the recline lever to adjust the chair to an upright position.

### 2. Insert the headrest frame into the backrest frame.

With the headrest frame positioned so that it can tilt forward, slide the two ends of the headrest frame into the open tube ends at the top of the backrest frame.



### 3. Install the headrest frame screws.

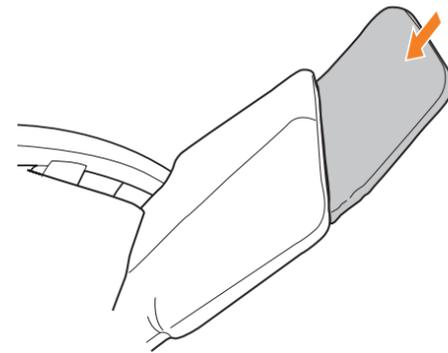
Using the provided Allen wrench and two provided screws, secure the headrest frame to the backrest frame.

# get ready

## ATTACH THE HEAD PAD

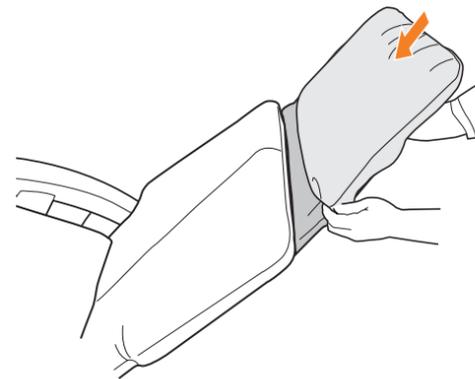
### 1. Finish installing the headrest cover.

Slide the headrest cover the rest of the way down over the headrest frame, as far as it will go.



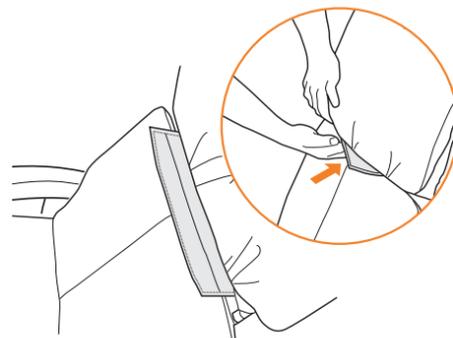
### 2. Slide the head pad over the head frame.

Slide the head pad over the head frame, ensuring that the frame slides into the fabric pocket located on the bottom side of the pad. Pull the head pad down as far as it will go.



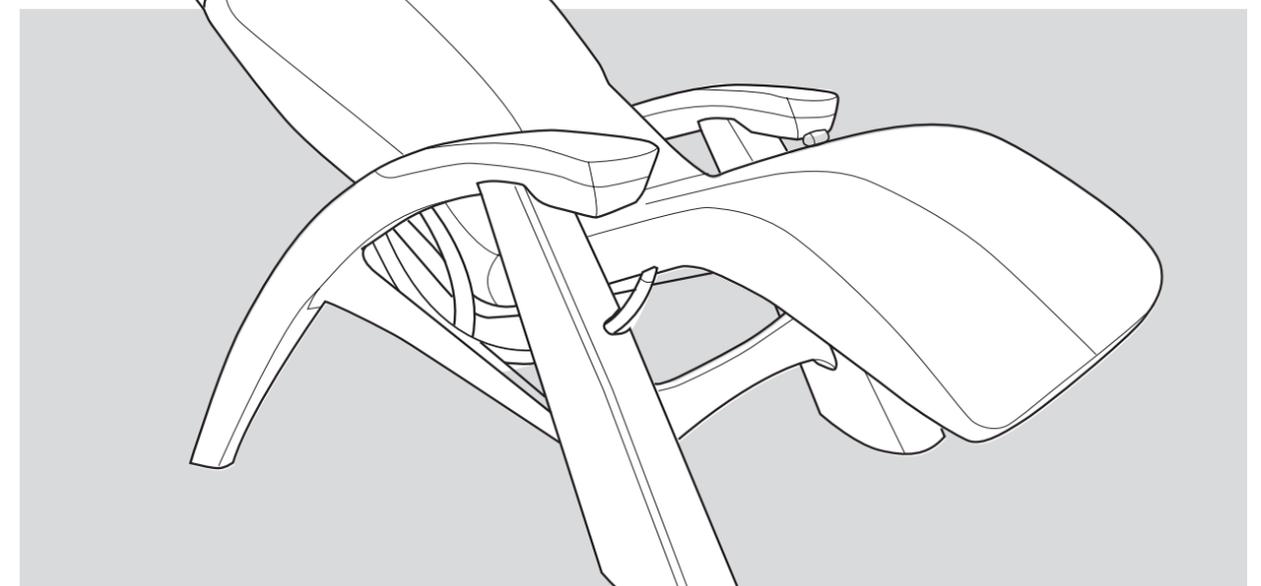
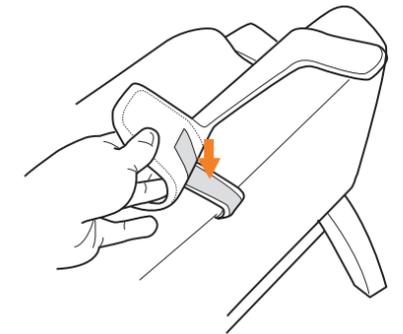
### 3. Tuck in the body pad flap.

From the front of the chair, tuck the flap on the top of the body pad up into the head pad and smooth it flat. The flap is automatically secured to the pad, using the hook and loop fasteners.



### 4. Attach the head pillow.

Attach the head pillow straps to the head pad straps using the hook and loop fasteners. Adjust the head pillow height for maximum comfort.



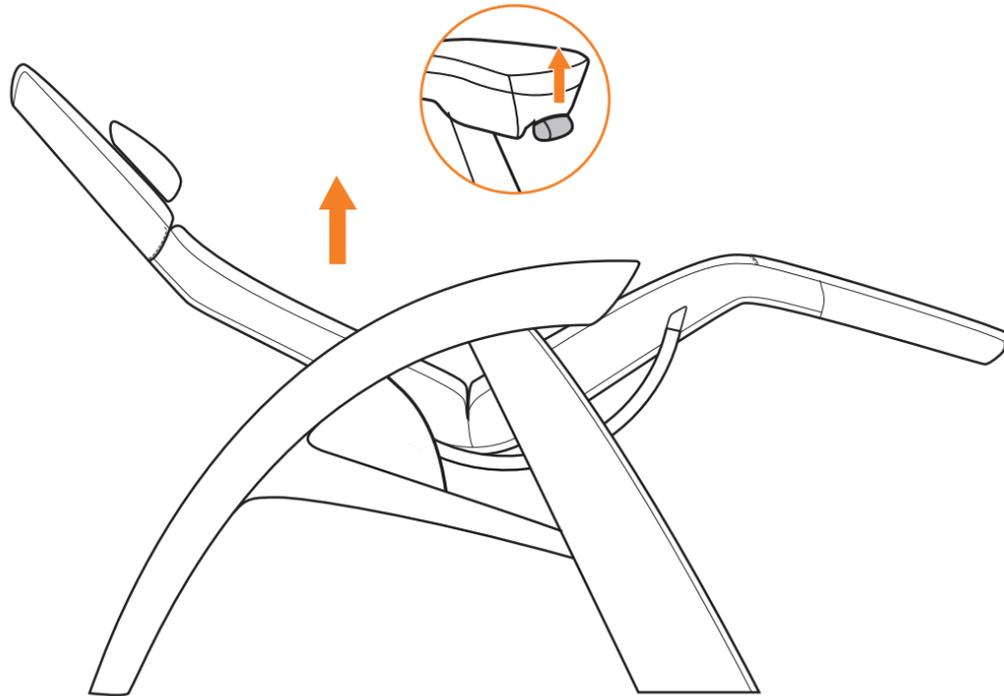
# take a seat

Using your Human Touch Perfect Chair is easy. Just take a seat and adjust the chair to the desired position. The Perfect Chair cradles you in zero-gravity comfort, with your feet above your heart—the ultimate neutral-posture position for back and spine relief.

## Adjust the recline angle

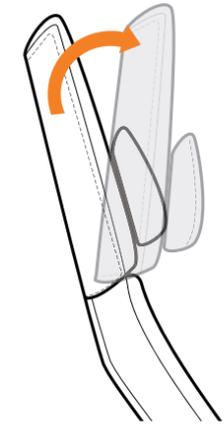
To recline, gently pull up on the recline lever, lean back on the backrest to adjust it to the desired angle, then release the lever. To incline to a more upright position, gently pull up on the recline lever, then pull up on the armrests with your hands while applying slight downward pressure with your elbows, until the backrest inclines to the desired position. Release the recline lever.

**NOTE:** Lean back against the backrest before reclining the chair.



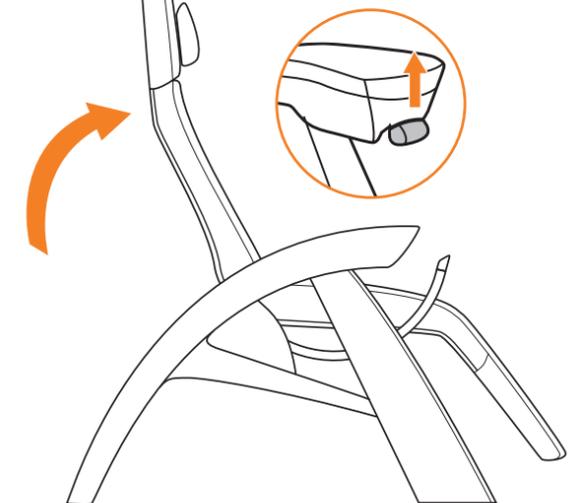
## Adjust the headrest

While seated, reach up with both hands and grasp both sides of the headrest. You will feel the rigid frame beneath the soft head pad. Grasping the rigid frame, tilt the headrest forward or backward for maximum comfort. The headrest remains in this position until you adjust it again.



## Getting out of the perfect chair

Gently pull up on the recline lever, pull up on the armrests with your hands while applying slight downward pressure with your elbows, until the backrest inclines to a full upright position. Release the recline lever. Use the arms for support when getting up from the chair.



# care and maintenance

**To keep your product working and looking its best, please follow these simple care guidelines.**

## **Cleaning:**

1. Do not use benzene, thinner or any other solvents on your chair.
2. Remove dust on the backrest or armrest with a vacuum.
3. If the backrest or armrests become soiled, wipe with a damp cloth, then a dry cloth.
4. Common upholstery cleaners may be used for tough stains.

## **Fabric Care:**

To maintain your Human Touch product in optimum condition, dust it frequently and/or vacuum it with a soft brush vacuum extension. SofSuede® products can also be brushed with a suede brush. Wipe with a slightly damp cloth as necessary. For tougher stains on non-leather products, use a mild detergent mixed with water. Leather products should be wiped down occasionally with a leather furniture cleaning solution.



## **WARNING:**

Be sure to test any cleaning solution on a small, inconspicuous part of the product to ensure that the color does not fade prior to using the solution on the entire product surface.

## **Maintenance and Repair:**

1. The mechanics of this product are specially designed and constructed to be maintenance free. No periodic lubrication or servicing is required.
2. Your chair should only be serviced by an authorized service center.

## **Use and Storage Environment:**

1. When not in use for a long period of time, we recommend that the chair be covered and that the unit be placed in an environment free of dust and moisture.
2. Do not store near heat or open flame.
3. Do not leave this product exposed to direct sunlight for long periods of time. This may cause fading or damage.
4. Product should be used and stored in an environment with non-condensing humidity ranging from 10 to 80%; excessive humidity will damage the mechanics.

## **Miscellaneous:**

1. Foreign objects should not be inserted in the recline suspension wheels or other moving parts.
2. Care should be taken not to overload the unit.

## Specifications\*

Chair Size (upright):	43" L x 30" W x 45" H
Chair Size (reclined):	57" L x 30" W x 29" H
Product weight:	71 Lbs.
Required recline clearance:	12"
Maximum load weight:	285 Lbs.

*\*Specifications are subject to change without prior notice.*

Model # PC-050

